

Curious about how your dog sleeps?

The Behavioral Medicine Service is recruiting for a new study on sleep in dogs and their owners.

In this study, both dogs and their owners will wear activity monitors for 14 days to determine sleep patterns. One dog/person pair per household may be enrolled.

Inclusion:

Dogs:

- Between 2-9 years of age
- Generally healthy
- Not on any psychoactive/sedating medications
- Able to wear a collar for 14 days

People:

- Between 18-55 years of age
- Not have sleep disorder
- Must have a fairly regular routine
- Willing to wear an activity monitor (on wrist) for 14 days

Study benefits:

- Activity pattern readouts provided to participants

For more information or to enroll, contact:

Dr. Margaret Gruen

megruen@ncsu.edu

